

Breakfast

Full Body Massage (Deep Tissue / Pain Relief Massage)
Reflexology (Foot Scrub and Massage)
Hand and Arm (Scrub and Massage)
Stress Relief (Head and Neck Massage)
Full Body Rejuvenation Treatment (Body Scrub and Steam)
Sauna and Mineral Pools

Lunch

Complimentary Beverage Station

Mon/Thurs R900.00pp

Fri/Sun & Public Holidays R1300.00pp



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